

Realistic Family Activities for Lent

1. Collect money in a money jar throughout Lent and donate at Easter
2. Wake up with a smile and a hug
3. Play a family board game
4. Donate 3 toys to a local charity / church
5. Take a walk outside
6. Go to a museum together and admire creations
7. Donate extra blankets, towels and sheets to a local shelter
8. Sit in a circle and say one thing that made your day great
9. Compliment each of your family members today
10. Get some spring cleaning done together around the house
11. Prepare a food basket for your local food bank
12. Say please and thank you
13. Bake bread or cookies and deliver to friends
14. Call your relatives from far away
15. Prepare Easter cards to mail out
16. Pray together (be specific in your prayers)
17. Go to a local seniors' home and hand out fresh flowers
18. Create a care package for a homeless person
19. Visit the cemetery of your loved ones that have passed away
20. Take a drive in an unfamiliar area and admire it
21. Read an Easter book together
22. Read a passage from the Bible together (in relation to Lent)
23. Do some mindful colouring together with a detailed colouring book
24. Play music!
25. Make dinner together
26. Do one nice thing for your family without being asked
27. Invite friends over for a dinner
28. Build a fort together and have a sleepover
29. Surprise a teacher with a thank you letter
30. Give out a coffee gift card to a stranger
31. Bring a full meal to a homeless person
32. Write letters to women and children in shelters and deliver them together
33. Make a craft for Easter
34. Visit a local animal conservation station or zoo and marvel at God's creations
35. Bring some animal treats to a local animal shelter
36. Play Pictionary or Head's Up with an Easter theme
37. Colour Easter eggs
38. Start a garden inside from seeds
39. Make a simple Easter craft
40. Decorate your home for Easter